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BEHIND THE MUSIC (/FEATURED/CATEGORY/BEHIND+THE+MUSIC), NEW
SINGLE (/FEATURED/CATEGORY/NEW+SINGLE), NEW MUSIC RELEASE
(/FEATURED/CATEGORY/NEW+MUSIC+RELEASE), SONGWRITERS
SHOWCASE (/FEATURED/CATEGORY/SONGWRITERS+SHOWCASE)

BEHIND THE MUSIC WITH SILVERSLAKE MICHELLE ON BULIMIA (/FEATURED/BEHIND-THE-MUSIC- SILVERSLAKE-MICHELLE)

JANUARY 12, 2021 (/FEATURED/BEHIND-THE-MUSIC-SILVERSLAKE-
MICHELLE)

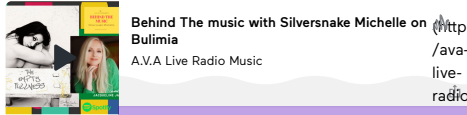


Listen on Podcast

Behind The music interview with Italian Songwriter Silversnake Michelle and her arranger Danielle on how she faced Bulimia through music. This interview talks about the struggles of

overcoming tough things and how facing what's hard is the best way to win.

<https://anchor.fm/ava-live-radio/episodes/Behind-The-music-with-Silversnake-Michelle-on-Bulimia-eosk3l> (<https://anchor.fm/ava-live-radio/episodes/Behind-The-music-with-Silversnake-Michelle-on-Bulimia-eosk3l>)



SONG FEATURED: THE EMPTY FULLNESS

Music Genre:: Rock

I live in... : Milan, Italy

Link to play:: <https://open.spotify.com/track/oekPYwjaioR2hpiHmK9yPI> (<https://open.spotify.com/track/oekPYwjaioR2hpiHmK9yPI>)

“THROUGH CREATING THIS MUSIC AND VIDEO, I FOUND A CURE AND A REMINDER OF WHERE I'VE BEEN SO I CAN WALK TO MY FUTURE. “

The song "The Empty Fullness" is supported by a short film/video clip talking about bulimia and the use of food as a way to fill a sense of emptiness. That's how something pleasant and vital can become an extreme obsession, leading to dangerous social and psychological distress.

From beauty to boredom, from pleasure to pain. From emptiness to fullness and vice versa. Silver snake gets full of food and the food, in turn, slowly devours her, leaving her with a love emptiness and utter loneliness. After all, you never meet with your own kind, but only with their shadows. This song then became the soundtrack for a selected video clip and won several awards at various festivals in Europe and the United States.

WHAT DOES MUSIC OFFER YOU, WHAT DOES CREATING MUSIC DO FOR YOU?

Music is the most sublime of the arts. It gives me the strength to overcome difficulties and scale down problems. It lightens my soul. It has taught me to observe every precious detail of small things. The musical instrument that I love is singing. It's an instrument that's inside of you. It is you listening to your body. Your soul vibrates from within, making your whole body resonate. Emotions are painted on the face and

in the voice, which colors the air through notes. Music has made my life poetically profligate.

I aim to broaden the existing concept of music. To make it multi-sensory and four-dimensional by hooking it more vividly to other arts.

Create music because I want to explore my emotions deeply. The music reflects my inner self. This song especially is about my experience with bulimia. It's not merely coming out. It is, first of all, telling oneself. To understand why this emptiness, which is not so empty, exists.

This was the most important song of the album. It connects with the previous albums and marks the desire for an inner change—the most difficult song to sing. By the way, here's a little story about voice recording sessions: It was a Sunday morning. I went to the studio and told my arranger partner (Daniel) that I would record the vocal parts for the song "The Empty fullness again."

We start recording sessions at 10 a.m., and soon I get a kind of "detail syndrome." I couldn't find the proper intention in my voice, around 5 p.m. I see Daniel collapsed on the mixer, looking at me and asking in a flimsy voice (maybe because of hypo coming on or maybe because he feared my fierce Gorgon look): "Could we have lunch, please?". In the middle of this, I was to lose track of time.

How do you think this release represents your current direction...

This is the first song on this new album called THE MOTHER CODE. The tracklist opens with THE EMPTY FULLNESS, which connects this album to the previous ones. This track reflects the actual Silversnake, which is the fruit of an inner path. I make music because I need to express myself. Live to tell. There's a greater desire to share with the audience; that's why the music on this album is easier and more direct. Lyrics are very introspective, but it's, after all, a way to get a moment of internal quiet, isolating oneself from the din of this chaotic and too ostensible external world.

WHAT WAS ONE NOTABLE EVENT THAT HELPED SHAPE YOUR LAST DECADE?

I would say there are two. The 2014 live show in the US gave me great energy and strength. It made me understand the different ways to perceive the musician's figure. He taught me to believe in myself and my art. And it gave me the strength to ignore the hollow words of those who pontificate and judge without knowing (something very much in vogue among Italian "intellectuals"). It gave me hope because I realized that there's room for everyone somewhere in this world.

The other one is the event we did in Milan on October 3rd of this year. It was so much that I did not perform live (by my choice). It was a strong experience, especially after this tough time for the entertainment industry. I chose to perform because we were on a large stage, and the setting was almost theatrical. I mean, I didn't perform in the classic venue where people drink minding their own business, and your performance almost seems to bother them. You know what I mean, a real stage. Where people pay and come to listen to you. I know it may seem obvious, but it's not. It's great for an emerging artist to have their own space and feel equal to a famous, established artist. After all, we're both doing the same job.

WHAT'S YOUR GOAL FOR 2020?

This year's goal is to lay the foundations for the next year, namely, to work hard on the upcoming album (ready for late 2021 or early 2022) and kick-start our new art label "SNAKE MACHINE," creating events for the summer of 2021. We have many projects in the works with this label, and I'm looking forward to making them happen.

Covid 19 affected our music. We have stopped recording with other musicians, and we have reduced our team for now to just Danielle and I until it's over and safe to go back to large production and performances.

"LIVE LIKE A LIONESS IN THIS GREAT ANARCHIC JUNGLE."

We are in a big jungle, without rules and, above all, without references. Once, there were talent scouts selecting artists and leading them to success. There were some selection parameters; now, there are not. An artist doesn't really know who to refer to, except himself. And so you have to prevail by trying to be like lionesses, creating your own team (because alone, you go nowhere), creating your own sacred space, hunting, giving nourishment and protection to your cubs (your own art). A very animal world but, unfortunately, without the animal kingdom's laws.

Besides, anyone wants to be a musician, even those who lack the minimum basic skills. By now, with little money, anyone can produce a record. And sometimes you see worthless people, plastic artists settling for one thousand compromises to achieve success... and all this makes you angry, but, to quote Italian poet Dante: "Let us not talk of them, but look and pass...".

Website & social media links:

<https://www.silversnakemichelle.com>

(<https://www.silversnakemichelle.com/>)
<https://www.facebook.com/Silversnake-Michelle-107675614162731/>
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<https://open.spotify.com/track/oekPYwjaioR2hpjHmK9yPI>
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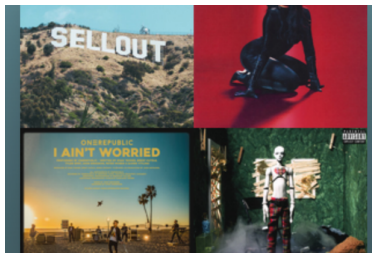
< Alan Garmonsway 'Getting Over You' is keeping the spirit of
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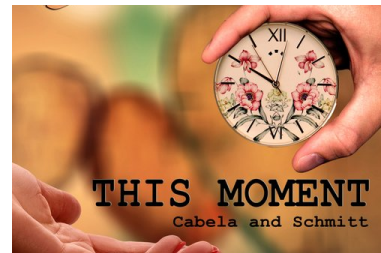
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MAY 13, 2022



NEW MUSIC RELEASE RADAR UNFILTERED
MUSIC SPOTIFY PODCAST WITH JACQUELINE
JAX (/FEATURED/NEW-MUSIC-SPOTIFY-
PODCAST-UNFILTERED-PUNK-ROCK-MUSIC)

MAY 6, 2022



CABELA AND SCHMITT PRAY FOR CLARITY,
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